



LRS Patient Participation Group

Spring Newsletter 2025



Appointments

We incorrectly referred to the Leighton Buzzard Health Centre as the Bassett Road Health Centre. The Health Centre is in Bassett Road, a short distance from Bassett Road Surgery.

Total Triage/eConsult

A doctor triages the eConsult forms and decides on the relevant action.

You will be offered a consultation with someone other than a GP, where this is appropriate, including our Minor Illness Practitioners, Pharmacists, MSK practitioners, Physios or signposted to Pharmacy first.

Please make sure your contact details, especially your mobile phone number, are up-to-date and ensure you are available to answer calls if you have submitted an appointment request.

LRS believes this new system will significantly improve your care, increase access for all patients, and most importantly, **dramatically reduce waiting times** for routine appointments. LRS is committed to ensuring you get the care you need as quickly as possible.

Please let us know if you have any comments about eConsult by sending us an email to lrspatientrep@nhs.net.

NHS Blood Donation

The NHS needs donors from all communities and ethnic backgrounds to donate blood so it can meet the needs of all patients in England now and in the years to come. Black, Asian and minority ethnic donors are specifically needed right now.

You can find a local donation centre by clicking on the following link.

<https://www.blood.co.uk/>

PREVENTATIVE TREATMENTS FOR CHILDREN

It is highly recommended that you take up the offer if you receive an invitation for any preventative treatment.

To be fully protected you need two doses of the MMR vaccine. Your child will need their first dose of the vaccine at 1 year of age with the second being given at 3 years and four months.

If older children have missed their second dose, don't panic! They can be vaccinated and protected. Get in touch with your GP to find out if your family are up to date with the MMR vaccine. Find out when older children should have the vaccine by clicking on the following link:

<https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/>

Missed your Vaccination

If you have missed your child's vaccination then don't panic, you can contact your GP to arrange a new appointment.

Vaccines are safe and save lives, the MMR vaccine is the most effective way to prevent your child from contracting measles. The vaccine can have mild side effects such as a mild fever, or a little bit of pain, but they will not last long and can be easily managed at home. If you are worried about the [side effects](#) or safety of the vaccine, give your GP a call, they can give you the facts. The NHS also has a [web page](#) with all you need to know about the vaccine, any side effects and why it's vital that your children are protected.

Breast Screening

Thousands do not turn up for breast screening appointments.

When invited, save the date, it could save your life.

Sepsis

What is sepsis?

Sepsis is a life-threatening reaction to an infection.

It happens when your immune system overreacts to an infection and starts to damage your body's own tissues and organs. Full information can be found on the following link.

<https://www.nhs.uk/conditions/sepsis/>

Lets-Dance

Angela Ripon has been promoting the benefits of dancing. Further information can be found by clicking the following link.

<https://lets-dance.org.uk/>

NHS App

The NHS App is a simple and secure way to access a range of NHS services and information

on your smartphone or tablet. Millions of people are already using the NHS App to manage their health the easy way from the comfort of their homes.

Full information can be found by clicking the following link.

<https://www.nhs.uk/nhs-app/about-the-nhs-app/>

You can download the NHS App on your smartphone or tablet via the [Google play](#) or [App store](#). You can also access the same services in a web browser by [logging in through the NHS website](#).

Leighton Buzzard Health Connections are organising training sessions on using the NHS app on the following dates at Grovebury Road.

11th April for the morning session

15th April for the late opening session

23rd April for the afternoon session

Please put them in your diary if you do not already use the NHS app.

Important Patient Update

The following link contains important information about the change of ownership of LRS. The PPG are working closely with the incoming partners to ensure a smooth transition.

<https://leightonroadsurgery.nhs.uk/wp-content/uploads/2025/01/LRS-stakeholder-brief-21-1-25-1.pdf>

Feedback on the Newsletter

We would like to hear your feedback on the newsletter. Do you find it useful or informative? Is there something you would like us to cover in future? If so,

Email us with your comments to lrspatientrep@nhs.net.

The Surgery sends out a link to the Newsletter via text. You can download a copy from <https://leightonroadsurgery.nhs.uk/surgery-information/patient-group/>